

# LSCF Prayer Guide & Journal



**March 11 – April 13, 2019**

# Daily Prayer Guide & Journal Instructions

Thank you for joining us in this season of discernment as we take time each day in the Scriptures to listen for the voice of God. What does God have to say to you personally? What is the Holy Spirit revealing for us as a church? Take time to reflect and record what you are hearing.

We invite you to share some of these reflections as you gather with others from LSCF, whether in your small group or informally. If there is something that you would like to share with Leadership Team please email it to Pastor Konrad at [leadpastor@lscf.ca](mailto:leadpastor@lscf.ca).

This may be a new practice for some of us and some of us may be wondering how do we make sure we are hearing the voice of God and not heartburn from the pizza we ate the night before. We encourage you to carve out approximately 15 - 20 minutes each day. Some of us may need or want more time than this, that's great, take more time. Choose a time when you are the most attentive, a time when distractions will be at a minimum, a time when you won't feel the pressure to be hurried.

As you start your time with God take a few minutes to get comfortable and relax, remember, this is not a task to complete, rather time spent with your loving heavenly Father who desires to speak to you. Begin with prayer, with talking to God. One of the best things to do is to let God know what all the thoughts are in your head, the pressures you are facing that day, and whatever else might be preoccupying your mind, and release them into His hands. If it helps, open your hands up before God, palms up and visualize releasing all of that to Him. And then ask Him to speak to you, that you would hear His voice and not what you want to hear.

Then read the verse for that day. If you want to gain some greater context of the verse, read the verses surrounding it. After you have read it you may want to read it a second time. And then be quiet for a few moments, allow the Holy Spirit to speak. And then write down what you hear, the thoughts that come to your mind, the challenge you are invited into.

But before you get up and go about your day take a few moments again to pray. Thank God for speaking to you and ask Him to show you throughout the day what it looks like to live this out in your life.

Here's what the 5 weeks will look like:

March 11 - March 16	<b>Contemplation</b> - Hearing God
March 18 - March 23	<b>Confession</b> - The Burden of Sin
March 25 - March 30	<b>Cleansing Cross</b> - Forgiveness & Redemption
April 1 - April 6	<b>Church &amp; Community</b> - Life of Purpose Together
April 8 - April 13	<b>Called &amp; Commissioned</b> - Equipped to Serve & Go

If you are going to use the guide and journal as part of your small group we invite you to use the reading on the day you meet. As you gather take some time to pray together, inviting the Holy Spirit to lead you and speak to you. Read the text for that day, whether out loud or individually, and then each of you take time to write out what you are hearing. Once everyone has finished take time to share with each other what you heard and wrote in response. Dialogue with each other over it, ask questions, and help each other take the next steps to living this out. And then end with prayer together.

**Note:** *All texts are quoted from the New Revised Standard Version (NRSV) translation unless otherwise noted.*







































## Day 4

What part do I play?

*“For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.” Romans 12:4 - 8*

Reflections: \_\_\_\_\_

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